



INSPIRED
ROUTES

THE INCA TRAIL 4D/3N

PACKAGE: 4 DAYS / 3 NIGHTS

Experience the trek of a lifetime to Machu Picchu!

The world-famous Inca Trail to Machu Picchu is one of the best trekking routes in South America. Walk in the footsteps of our Inca nobility ancestors to their incredible Inca fortress, Machu Picchu, and dare to discover their secrets.

TRIP HIGHLIGHTS:

- Enjoy one of South America's most popular attractions and one of the world's most famous treks.
- Walk the Inca Trail's ancient path and visit incredible archaeological sites that'll take you back in time.
- Witness the sheer beauty of the Andes with its towering mountains and luscious, rolling green hills.
- Spend 3 nights in the protective arms of Mother Nature in our comfortable campsites.
- Enter Machu Picchu through the Sun Gate (Inti Punku), a unique experience only for hikers on the Inca Trail.
- Explore the astounding Inca citadel, Machu Picchu.

TRIP OVERVIEW



START/END: Cusco - Cusco

TRIP LEVEL: Standard

DIFFICULTY: 4 - Demanding

TRIP STYLE: Guided Adventure, Small Group (min 4, Max 12)

WHAT'S INCLUDED?

- Trekking Guide
- **Accommodation:**
 - 3 nights accommodation in tents
- **Meals:**
 - 4 breakfasts, 3 lunches, 3 dinners
 - Water, Wake up Tea, Tea Time, Daily Snacks
- **Permits & Entrance tickets:**
 - Entry Ticket to Machu Picchu Archaeological Site: Circuit 1

Note: If you'd like to explore the site more thoroughly, an additional ticket is required. We recommend **Circuit 2** for a full revisit, or **Circuit 3** to explore the lower part of the archaeological complex. Both options are subject to availability and have an extra cost.

- **Transport:**
 - Day 1: Transport to the start of the trail
 - Day 4: Bus Ticket Machu Picchu to Aguas Calientes
 - Day 4: Train Ticket from Aguas Calientes to Ollantaytambo
 - Day 4: Transport from Ollantaytambo to hotel in Cusco
- **High Quality Service and Safety:**
 - Pre-departure Briefing
 - Experienced Trek Guide
 - Duffle Bag (with a maximum weight limit of 5 kg)
 - Private camping equipment: tents, tables, chairs, cooking equipment, portable toilet, sleeping pads, inflatable mattress.
 - Backpack Cover and Rain Poncho
 - Medical Kit and First AID Kit
 - Satellite phone

WHAT'S NOT INCLUDED?

- Flights to Cusco
- Accommodation in Cusco
- Travel insurance
- Tips for the staff
- Sleeping bag, Hiking poles
- Additional meals and activities not mentioned
- Emergency fund (unforeseen events)



INSPIRED ROUTES, Boutique Tour Operator

Phone: +27 727376837 or +27 845873966

Email: info@inspired-routes.com

PRICING 2026

STANDARD LEVEL 2026 price

Price per person	ZAR	USD
Twin/double sharing	ZAR 14,900.00	USD 850.00

ACCOMMODATION:

3 nights accommodation in tents:

We use top-quality equipment to ensure your safety and comfort. Each of the tents we use—Eureka Timberline, Mountain Hardwear, or other high-quality alternatives—is designed for four people but shared by only two, ensuring extra space, comfort, and privacy.

MEALS:

4 Breakfasts, 3 Lunches, and 3 Dinners

The chef prepares the best dishes in the middle of the mountain. Our passengers love our food! We respect all diets: vegetarian, vegan, or special menus are available at no extra cost, so let us know if you have any particular restrictions on your reservation form and remind your guide during the briefing. You'll enjoy breakfast, lunch, and dinner, in addition to hot drinks and snacks.

PORTERS:

The Porters Team will carry all camping equipment and supplies needed for the trek. Additionally, we'll include the personal service of a porter responsible for carrying your duffle bag and personal items.

TRAIN TO MACHU PICCHU (return): One of the following available options will be booked.

Tourist class train:

- Expedition Peru Rail (or similar) - <https://www.perurail.com/train-services/perurail-expedition/>

NOTE:

This trip itinerary requires a minimum of 4 people to be confirmed. However, if we have an open departure a min 1 person is required for the booking.

In case requested date is not available, we will suggest the closest available date.

TRIP ITINERARY



DAY 1: TAKE YOUR FIRST STEPS ON THE ANCIENT PATHS Cusco | Piscacucho (KM 82) - Canabamba - Llactapata - Huayllabamba - Ayapata

Today, you're off on the trek of a lifetime, and you'll need to be up early so your guide and driver can pick you up from your accommodation in Cusco between 4:30 and 5:00 am. If you're in Urubamba, you'll be collected between 5:30 and 6:00 am, and if you're in Ollantaytambo, it'll be between 6:30 and 7:00 am.

From Cusco, you'll head for one hour and a half to Ollantaytambo, where we'll enjoy a scrumptious breakfast. Then, we'll head to Piscacucho - KM 82, the starting point of the hike. Here, we'll meet the whole trekking team, consisting of cooks and porters. They'll accompany you for the entire exciting adventure, along with your guide, to ensure you have the most fantastic time and take home some unforgettable memories from the sacred mountains.

Important: Remember, you'll need your original passport here to pass the control point and enter the trail, so don't forget it!



The first couple hours of walking are relatively easy to help ease you into the tougher parts. We'll stop in front of a small Inca site called Canabamba. Here, you'll learn about the water canals and appreciate the spectacular glacier La Veronica. Then, we'll head to Wilkarakay and see the magical archaeological site of Llactapata, whose stone walls peek out amid the lush vegetation on the other side of the Urubamba River. We'll continue for another 20 minutes to our lunch spot in Tarayoc. You'll be amazed at the delicacies we've prepared for you in the middle of the mountains!

This afternoon, you'll keep hiking for another three and a half hours to our first campsite at Ayapata (3,300 m / 10,827 ft).

We'll get to our campsite around 5:00 pm. Here, you can rest your tired legs, relax, sip on a hot drink, and nibble on some snacks while you reflect on your first day's hike. You'll eat dinner around 7:30 pm and then head to bed for a good night's rest before trekking again tomorrow.



- **Meals:** Breakfast | Lunch | Dinner
- **Overnight:** Campsite
- **Hiking distance:** 14 km / 8.7 mi
- **Hiking time:** 6 to 7 hours
- **Activity Level:** 3 Moderate
- **Minimum elevation:** 2,620 masl / 8,596 ft
- **Maximum elevation:** 3,300 masl / 1,827 ft
- **Basecamp elevation:** 3,300 masl / 1,827 ft



INSPIRED ROUTES, Boutique Tour Operator

Phone: +27 727376837 or +27 845873966

Email: info@inspired-routes.com

TRIP ITINERARY



DAY 2: ENJOY INCREDIBLE VIEWS

Ayapata | Dead Woman's Pass - Pacaymayu - Runkurakay Pass - Sayaqmarka - Chaquiqocha

You're in for another early start when we wake you up in your tents with a hot cup of coca tea. Coca has been consumed since the age of the Incas and is a great way to start the day and get rid of any altitude tiredness you might have. There's a challenging day ahead and the most exhausting on the route. Make sure you enjoy all that's on offer at breakfast to fill yourself with energy.

We'll start hiking uphill for 4 hours to the highest point on the trek, the Dead Woman's Pass (4,215 m / 13,829 ft). From here, you'll get the most amazing views of the immense mountains, so open up all your senses and soak it all in. We'll then descend for one and a half hours to the other side of the valley, to Pacaymayu, where we'll find our lunch spot. Remember, at every mealtime, you can fill up your water bottles.



After a tasty lunch, we'll ascend for around 45 minutes to the Inca site of Runkurakay. We'll take our time and explore this little complex, where you can observe two impressive waterfalls on the mountain slopes. Then, we'll continue uphill for another 45 minutes to the summit at Runkurakay Pass. You'll rest here and enjoy the last beautiful views of the Andes section of the trek. This is an excellent spot to perform a small ceremony for Mother Earth and the mountains by leaving an offering.

Once we start walking again, we'll go downhill for about an hour until we reach the next archaeological site of Sayaqmarka. It's almost inaccessible but is well worth the visit. You'll learn all about the site's secrets from your knowledgeable guide as the sun descends and lights up the Vilcabamba mountain range with a red hue.



From there, you only have 25 more minutes to walk to our campsite for the night in Chaquiqocha (3,600 m / 11,811 ft). After another fantastic meal, take the opportunity to observe the clear Andean sky and stars and learn about the constellations of the Incas. The sky at night in the mountains is truly a fantastic sight to behold.

- **Meals:** Breakfast | Lunch | Dinner
- **Overnight:** Campsite
- **Hiking distance:** 16 km / 9.94 mi
- **Hiking time:** 8 to 9 hours
- **Activity Level:** 4 - Demanding
- **Minimum elevation:** 3,300 masl / 10,827 ft
- **Maximum elevation:** 4,215 masl / 13,829 ft
- **Basecamp elevation:** 3,600 masl / 11,811 ft



INSPIRED ROUTES, Boutique Tour Operator

Phone: +27 727376837 or +27 845873966

Email: info@inspired-routes.com

TRIP ITINERARY



DAY 3: FEEL THE MAGIC OF THE INCA SITES

Chaquiqocha | Phuyupatamarca - Intipata - Wiñay Wayna

Well done, you have overcome the most challenging day! Today a beautiful reward awaits you.

After a good night's rest, you'll wake up at 6:30 am giving you a bit of a lie-in. You'll fill up on a hearty breakfast and then walk for an hour and a half. Embrace the greenery and fantastic landscape as the jungle begins to thicken. You'll enjoy a stunning juxtaposition of the Salkantay glacier on one side and the jungle on the other. Allow yourself to be amazed at the panoramic view of the Vilcabamba mountain range.

You'll then ascend toward the final summit of the route in Phuyupatamarca (3,650 m / 11,975 ft), a mystical place above the clouds. Then, you'll descend again for two and a half hours until we reach Intipata. This is a significant agricultural place from which you can take in the impressive panoramic lookout over the Sacred Valley.

Next is only another 30 more minutes of walking to our campsite, close to the Wiñay Wayna archaeological site. You'll arrive early enough to enjoy a well-deserved lunch before visiting the site. The name of the complex, Wiñay Wayna, means "forever young" and is considered one of the most impressive stops on the whole route.

Back at camp, you'll be spoiled with a small celebration with all your trekking team of guides, porters, and cooks. These guys work extremely hard to make you feel comfortable and relaxed daily. This is also the perfect opportunity to thank them with a tip as a sign of appreciation. You'll also say goodbye to your porters here.

Afterward, it's time to get to bed early to rest well, as you'll be up at dawn the next day. Relax and contemplate all the amazing efforts you've made until now. Tomorrow you'll visit one of the Seven Wonders of the World. We always like to arrive as early as possible so you can see the sunlight up the site as it rises, a magical spectacle sure to captivate your heart.



- **Meals:** Breakfast | Lunch | Dinner
- **Overnight:** Campsite
- **Hiking distance:** 9 km / 5.6 mi
- **Hiking time:** 4 to 5 hours
- **Activity Level:** 3 - Moderate
- **Minimum elevation:** 2,650 masl / 8,694 ft
- **Maximum elevation:** 3,650 masl / 11,975 ft
- **Accommodation elevation:** 2,650 masl / 8,694 ft



INSPIRED ROUTES, Boutique Tour Operator

Phone: +27 727376837 or +27 845873966

Email: info@inspired-routes.com

TRIP ITINERARY



DAY 4: EXPLORE MACHU PICCHU

Wiñay Wayna - Sun Gate - Historic Sanctuary of Machu Picchu - Aguas Calientes - Cusco

All your efforts over the last few days will be rewarded with the most amazing prize today. You'll need to wake up today at 3:30 a.m. to ensure you get to the Sun Gate early to watch the sunrise. At 4:00 a.m., we'll provide you with water and a boxed breakfast, and you'll be on your way. We'll be one of the first groups to cross the control point and walk an hour or so to the Sun Gate. Prepare yourself because once we're there, you'll get your first views of the incredible Inca architecture and engineering marvel.

Congratulations! You made it! At last, you are inside Machu Picchu. Surrender to this sacred site that patiently awaits your arrival and will awaken something profound within you. We'll enjoy a one- and-a-half-hour guided tour, reaching the summit of Machu Picchu, where the most iconic and long-dreamed view awaits you: the perfect postcard of the Inca citadel.

As you wander around this creation, you'll feel the intimate connection between humans and nature. You'll see immense stones connecting harmoniously to form temples, alleys, houses, and aqueducts that still work over 5 centuries later. Machu Picchu was built in an inaccessible location to resist any attack and remind modern men that we can fully exist only in true communion with Mother Earth, Pachamama.

After the tour, you can climb Huayna Picchu or Huchuy Picchu Mountain with pre-booked tickets. Then, you'll take the bus back down to Aguas Calientes for lunch in a restaurant of your choice and then board the train to Ollantaytambo. Tickets are usually booked for 14:55 hours, depending on availability, and you need to be at the station at least 30 minutes before departure. Once you're at your final train stop, our transport will be waiting for you to take you back to your accommodation in Cusco.



- **Meals:** Breakfast
- **Overnight:** Not included
- **Activity Level:** 3 - Moderate
- **Hiking distance:** 5 km / 3.1 mi
- **Walking distance to Machu Picchu:** 2 to 3 hours
- **Starting elevation:** 2,650 masl / 8,694 ft
- **Highest elevation (Sun Gate):** 2,720 masl / 8,924 ft
- **Machu Picchu elevation:** 2,430 masl / 7,972 ft
- **Aguas Calientes elevation:** 2,040 masl / 6,693 ft



INSPIRED ROUTES, Boutique Tour Operator

Phone: +27 727376837 or +27 845873966

Email: info@inspired-routes.com

IMPORTANT INFORMATION

WHAT YOU NEED TO KNOW:

1. The exact itinerary for this trip will run with a minimum of 4 participants. In case we don't meet the minimum required amount of participants an alternative itinerary will be presented to you, we will try our best to replicate the original itinerary as close as possible.
2. A non-refundable deposit is required to confirm your reservation at the time of booking.
3. Government regulations will not allow reservations to be made unless accompanied by full passport details of the client and full payment of the entrance fee to the Sanctuary. This is to assist in the maximum 500 people/permits on the trail per day rule.
4. **We recommend booking the Inca Trail between at least 6 months in advanced**, availability is limited and sometimes permits are sold out at specific times of the year. Your reservation will only be confirmed when we have your entrance ticket in our hands. In case of passport number change this information must be relayed to us or you will lose your booking.
5. It is important to be well acclimated to the altitude before exerting yourself on the trek. **We recommend that you arrive to Cusco at least 2 or 3 days before the trek starts to help you adjust and avoid possible problems with altitude sickness while on the trek.**
6. **Entrance to Machu Picchu (Machu Picchu circuits):** Government regulations will not allow reservations to be made unless accompanied by full passport details of the client and full payment of the entrance fee to Machu Picchu. Visitors are only allowed to enter Machu Picchu for a maximum of 2.5 hours on the allocated time slots, from 6:00am to 16:00pm. Visitors are required to follow different circuits as a way of crowd relieving, the new circuit-based entrance tickets are available on a first come first served basis, it is recommended to book the tickets 2-3 months in advance. Regardless of the circuit obtained, travellers will enjoy the beauty and majesty of the sanctuary.
7. All times noted in the itinerary are approximate.
8. Original passport that the booking was made with must be carried with you on the trail.
9. Traveling at altitude: When at altitude you might experience Altitude Sickness regardless of your age, gender or fitness level. Please consult your doctor for professional advice about traveling to a high altitude area if you have a health condition.

PAYMENTS & TIMELINES (GROUP BOOKINGS):

- A deposit of 50% of the total cost of the booking needs to be paid in order for us to secure availability of accommodation and activities (this price is above the non-refundable/non-transferable fee for the Inca Trail and Machu Picchu).
- Bookings will be consider provisional until deposit payment has been made.
- Balance of the full amount needs to be paid 30 days before trip departure, otherwise your reservation will be cancelled.
- If the date of travel is within 30 days, full payment of the price of the booking needs to be received in order to reserve and confirm space.

CANCELATION POLICY:

Cancellation in reference to this tour must be made in writing and is not effective until such written cancellation is received and acknowledged by Inspired Routes. Cancellation fees are applied to the tour price as follows:

- (a) Cancellation 31 days or more before first day of departure on relevant booking: An amount equal to 50% of the Tour price of the canceled Tour will be refunded.
- (c) Cancellation less than 30 days or less before first departure on relevant booking: No refund will be payable.



INSPIRED ROUTES, Boutique Tour Operator

Phone: +27 727376837 or +27 845873966

Email: info@inspired-routes.com